

# Seghill First School

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Headteacher: Miss T Chappell

**T Together**  
**E Everyone**  
**A Achieves**  
**M More**



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08 September 2017

Dear Parents and Carers of children in blue class

We have organised a series of **5 half day keep on riding sessions** for all children in blue class to take place throughout this school year. The purpose of the rides is to build confidence with basic cycling, learn about road safety and receive expert tuition from **Richard Rothwell** from **Cycle Generation** in a group of 15 children and two adults.

These sessions are designed for **children of all ability**, ranging from children who cannot ride a bike to children who are already capable cyclists. Please do not worry if your child is not a confident cyclist. Richard is an expert and will be able to help children at all different levels of ability.

**Bikes and helmets** will be provided for all children by Cycle Generation, matched to your child's size. Please do not send in your child's bike or helmet from home.

This activity is for all children in blue class. Children should come to school on bike days wearing clothes and footwear suitable for being outside for a morning on a bike- **tracksuit bottoms and top or something similar, trainers and a coat**. They will be outside all morning, so extra layers, and a hat and gloves would all be a good idea. Children are not going to enjoy the activity if they are freezing.

Children do not need to bring school uniform to change in to for when they are not cycling during the afternoon session.

We have paid for this programme using our **Sports Premium funding**, which is provided by the government to fund additional and sustainable improvements to the provision of PE and sport and to encourage the development of healthy, active lifestyles.

The children will take part in bike rides during the school year varying in length and level of challenge. We think that this is a very exciting opportunity for children to develop their cycling skills and we look forward to feedback from you and the children. Children who took part in this opportunity last year absolutely loved it- the increase in their skills, stamina and confidence was huge.

The first ride will take place on **Tuesday 19 September**. The rest of the dates are on the back of this letter.

Yours sincerely

Miss Chappell  
Headteacher

## **Keep on riding sessions with Richard Rothwell and Mrs Bell**

Session 1	Tuesday 19 September 2017
Session 2	Tuesday 07 November 2017
Session 3	Tuesday 20 March 2018
Session 4	Tuesday 15 May 2018
Session 5	Tuesday 12 June 2018