Seghill First School

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31 January 2020

Dear Parents and Carers

Year 3 and 4 Personal Challenge Festival on Tuesday 11 February 2020

Children in blue class have been invited to take part in the **personal challenge festival** at **Killingworth Lakeside Leisure Centre** on the morning of **Tuesday 11 February.** This has been organised by Cramlington and Seaton Valley Schools Sports Partnership.

Mrs Bell, Miss Neal and the children will be taken to and from Killingworth by coach. At the festival the children will be introduced to 10 personal challenges, designed to improve agility, balance, co-ordination, strength, stamina and reaction time. The children will each be given a booklet which they will use to record their best score for each of the challenges at the festival.

Children should come to school **wearing their school jumper, joggers** and **trainers** with their **school PE t-shirt and shorts underneath**. The children do not need to bring their school shoes or school uniform to change in to after the festival.

Please make sure that long hair is tied back and all jewellery has been removed. Children should also bring a **water bottle**.

The festival will take place indoors during the morning session. The children will be back at school by the beginning of lunch time, so there will be no changes to the usual lunch time arrangements.

If your child is taking part in after school club with Mr Dowson, this will go ahead as normal after school.

We have attended a lot of festivals and they are always very popular with the children.

Yours sincerely

Miss Chappell Headteacher